

Fresh Start

Finding a Fresh Start



Ice Breaker Questions - Week 1

Spend some time getting to know your new group!

- What is your name?
- How long have you been attending TheCity.church?
- **Mix It Up:** Ask a silly get-to-know you question such as, “What is your spirit animal? Why?”

Key Questions

- What’s one idea from Sunday’s message that really stood out to you? Why did this grab your attention?
- Ps Blake shared 5 steps to ‘Finding A Fresh Start’. Which of the 5 do you find you most excel in? Which is most difficult? Why?
 - *(Forget the Past / Recognize the Moment / Expect Some Company / Seek God Humbly / Honor With Sacrifice)*
- Isaiah 43: 20b says, “I [God] will make springs in the desert, so that my chosen people can be refreshed.” Our hope for everyone who calls TheCity.church home is that you would discover 4 or more Christian friends to grow with. This verse teaches that God releases a refreshing power into our lives when we live together as the people of God. Is there an area of your life that needs the refreshing power of God? How can our City Group help refresh you?

Optional Questions – *If needed, include one or more of these scriptures and questions to extend your conversation.*

- Read Isaiah 43:21-22 aloud. This verse teaches the importance of asking God for help, but asking for help takes humility and can be difficult. Do you look to God as a first response or a last resort? Why?
- Read Isaiah 43:16-19 aloud. In this verse God reminds his people of the time he gave dry ground through water. Then He tells His people to forget the way He moved in the past and promises the reverse, water through dry ground. God rarely moves the same way twice. How have you found this to be true in your life? Why do you think this is?
- It’s easy to drift into a stale spirituality. How do you keep your faith fresh?

Next Steps

- Announcement: *Announce the time & location of your next City Group.*
- Announcement: *Announce the time & location of Sunday’s Worship Experience.*