

Fresh Start

Giving Up On Giving Up



Ice Breaker

- What was the high/low point of the past week?
- **Recap:** How did you take time to experience the refreshing power of God?

Key Questions

- What's one idea from Sunday's message that really stood out to you? Why did this grab your attention?
- Ps Blake shared 4 Lessons from the Lame Man. Which of the lessons do find the most challenging to live out? Why? (**Note:** Recap is Below)
 - 1. *Survival Is Not Enough*
 - 2. *Breakthrough Begins Where My Excuses End*
 - 3. *When Others Are Talking, Keep On Walking*
 - 4. *Next Time Can Be Better Than Last Time*
- Read John 5:14-15 aloud. Jesus' is quick to remind the man to live righteously. This shows us that God isn't just interested in changing your circumstances, He wants to change YOU. Do you find it easier to pray, "Lord change me!" or "Lord change my circumstances!" Why? How can our group pray for YOU, not just your circumstances this week?

Optional Questions – *If needed, include one or more of these scriptures and questions to extend your conversation.*

- Defeat is a temporary condition, but giving up makes it permanent. Is there something you gave up on that you wish you hadn't? What have you learned from that experience?
- Read John 5:1-7 aloud. The lame man was filled with excuses, even though Jesus was standing right in front of him! How have you seen excuses undermine the move of God in an individual or community? What did you learn from that experience?
- "When Others Are Talking, Keep on Walking". Is there a particular voice in your life that is consistently negative? Is there a voice that is consistently positive? How can this group encourage you to keep on walking?

Next Steps

- Announcement: *Announce the time & location of your next City Group.*
- Announcement: *Announce the time & location of Sunday's Worship Experience.*