

This Is Us

Purpose In Our Pain

THIS IS US



Ice Breaker

- **Icebreaker:** Growing up, did you have a nickname? How did you earn that name / who gave it to you? Do you like your nickname? Why or why not?
- **High's & Lows:** What was the high point of the past week? The low point?

Key Questions

- What's one idea from Sunday's message that really stood out to you? Why did this grab your attention?
- *"We can destroy the works of the enemy with what was meant to destroy us!"* God is able to redefine our labels and redeem our pain. There is power in Jesus. Have you experienced past pain turned into opportunity? Could you share your story?
- *"Position yourself for the miraculous. Ask big. Let God redefine you."* From all the things we can learn from Rahab's story which of these three are especially meaningful to you? Why? Which is the most difficult to live out? Why?

Optional Questions – *If needed, include one or more of these scriptures and questions to extend your conversation.*

- How has this series changed the way you think about pain and suffering?
- We all have labels birthed out of pain. Is there a particular label that wounded you? If so, what do you believe God's redeemed label for your life says? How is your new, redeemed label a weapon in your hand?
- Read 2 Corinthians 6:7 aloud. This verse shares about the power of proclaiming the truth and using righteousness as a weapon. Righteousness is the approval of God. The red thread that protected Rahab's family is a picture of the way Jesus defends believers by making us righteous before God. How can you begin to live out the power of this passage?
- Read James 2:18-25 aloud. What sticks out to you about this passage? Why?
- How can we as a group serve one another? Is anyone hurting right now?

Announcement: This Sunday is the conclusion of our "This Is Us" series. The message is titled, "How to Survive The Worst Day of Your Life." In addition, there is an exciting announcement for everyone in attendance!